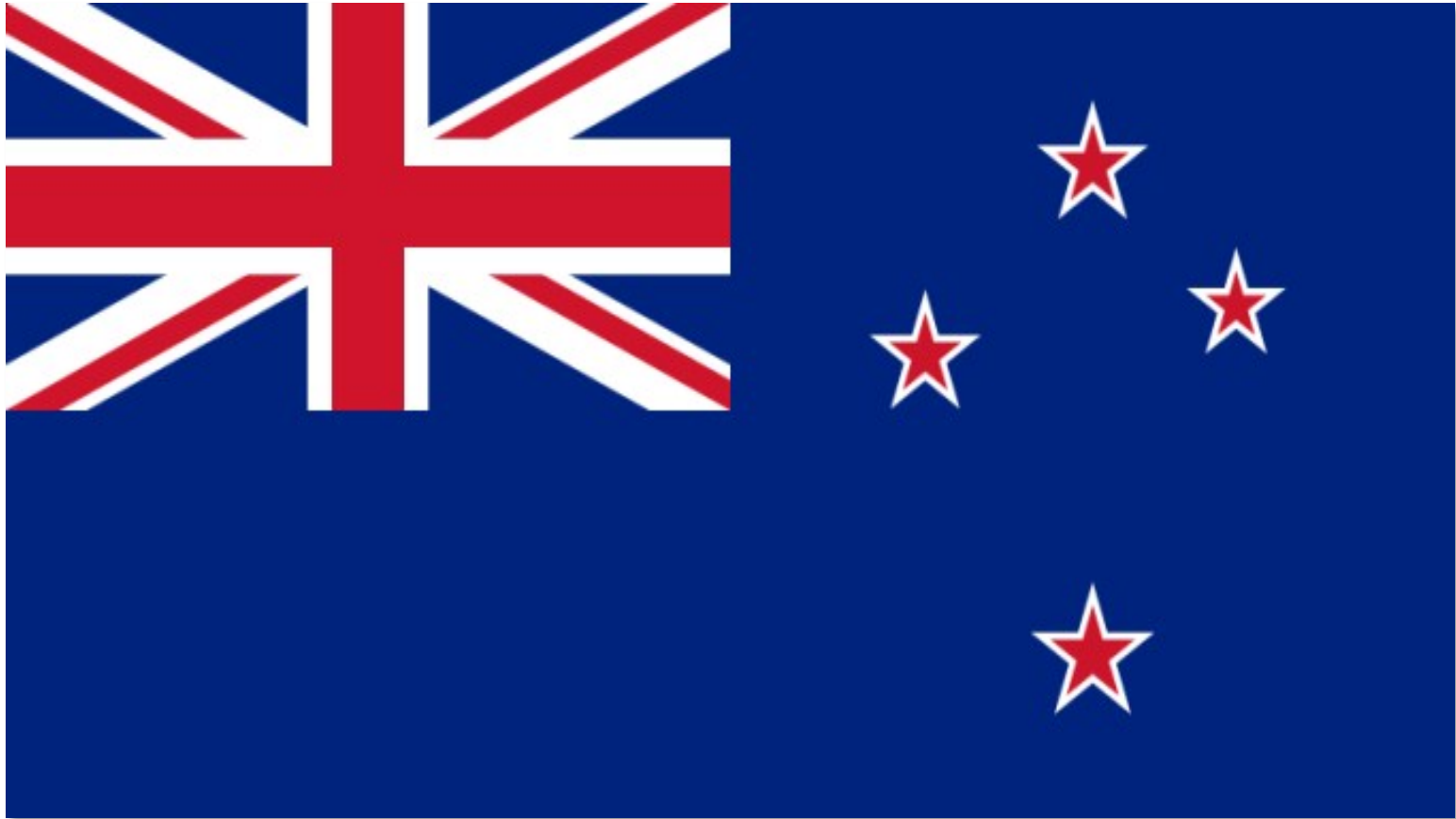


WARRIOR CARE IN THE 21ST CENTURY—DAY 2

NEW ZEALAND



Veterans Mental Health

2015

Structure

NZDF Health services include domestic primary care and deployed care to Role 2 level. In the domestic environment it operates effectively as a subset of the public health system.

Veterans Affairs New Zealand (VANZ) is part of the NZDF (to facilitate information and resource sharing).

The Similarities

Incidence and prevalence data indicates no major differences from other Western militaries when controlled for conflict, exposure and demographic factors.

For the NZDF domestic all causes Mental health presentations account for 9% of presentations, 10% of longterm medical downgrades and over 25% of external referral expenditure. It is the fastest growing expenditure element.

Adjustment disorder is increasingly recognised as a presentation in conjunction with other diagnoses.

The Differences

Funding for work related injury is covered under the Accident Compensation Corporation (ACC) insurance which is a Government administered scheme. Initial and inservice care is funded by ACC, with VANZ providing a 'top up' where the ACC cover does not meet the veterans entitlements.

NZDF is small and consequently makes extensive use of the public system for all specialist care.

NZDF is the largest employer of Maori and the Combat trades see the highest percentage of Maori. Maori have specific requirements with respect to managing Mental Health conditions.

The Changes

NZDF Health services are being made tri service. VANZ has been brought under the NZDF banner as a partner with NZDF Health. The aim is a seamless care and information model.

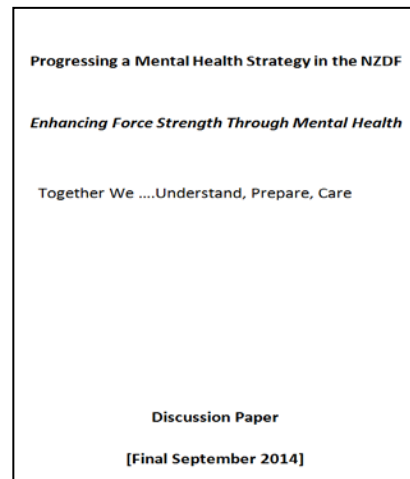
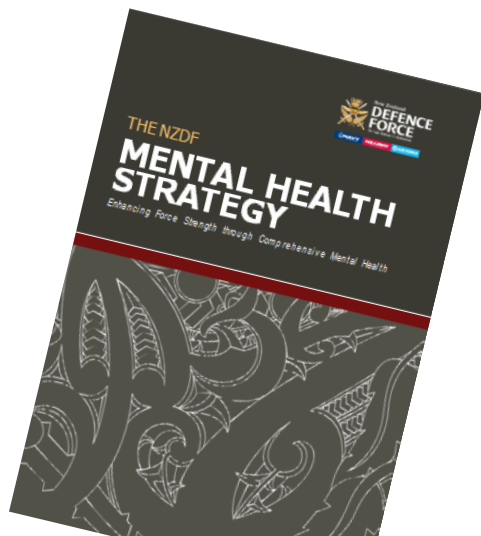
The Veterans legislative framework has recently changed bringing with it the same condition definitions as the Australian Veterans. One aim of this is an ANZAC data cohort.

Changes to the Health and Safety legislation this year will bring a spotlight on Veterans mental Health.

An increasing appreciation of the specific Health needs of Maori will see a Maori Health strategy and care plan published.

NZDF Mental Health Strategy

NZDF Health services have developed a Mental Health strategy which is currently in the implementation phases. The strategy covers in service care provision and includes in service veterans.



A Better, Stronger, Healthier NZDF

Enhanced Force Strength Through Comprehensive Mental Health

Strategic Outcomes

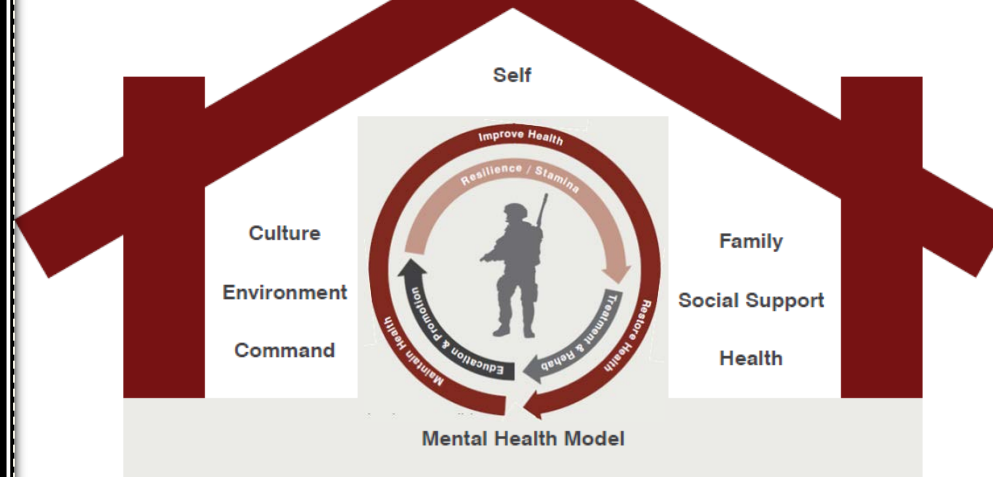
- Identify and Respond to Mental Health Risk
- Promote and Support Mental Health Resilience in NZDF
- Deliver comprehensive, coordinated and customised mental health care

Strategic Themes

LEAD

UNDERSTAND
CARE

PREPARE



Foundation
Strengths

Risk
Reduction

Early
Intervention

Treatment /
Recovery

Transition

Area of Focus

- Grow Positive Mental Health Culture
- Build integrated Multi-disciplinary Approach with a focus on Collaboration and Partnership
- Reduce stigma and barriers to care
- Promote and Support Mental Health Fitness and Resilience
- Build Shared Responsibility and Self Management
- Clear Operating Model
- Intelligence Led
- Training and Resources

Conclusion

NZDF Health services are undergoing a period of major change in structure and health delivery leading to increased integration of care.

This will combine with major changes in the legislative framework to produce significant changes in the care for veterans.