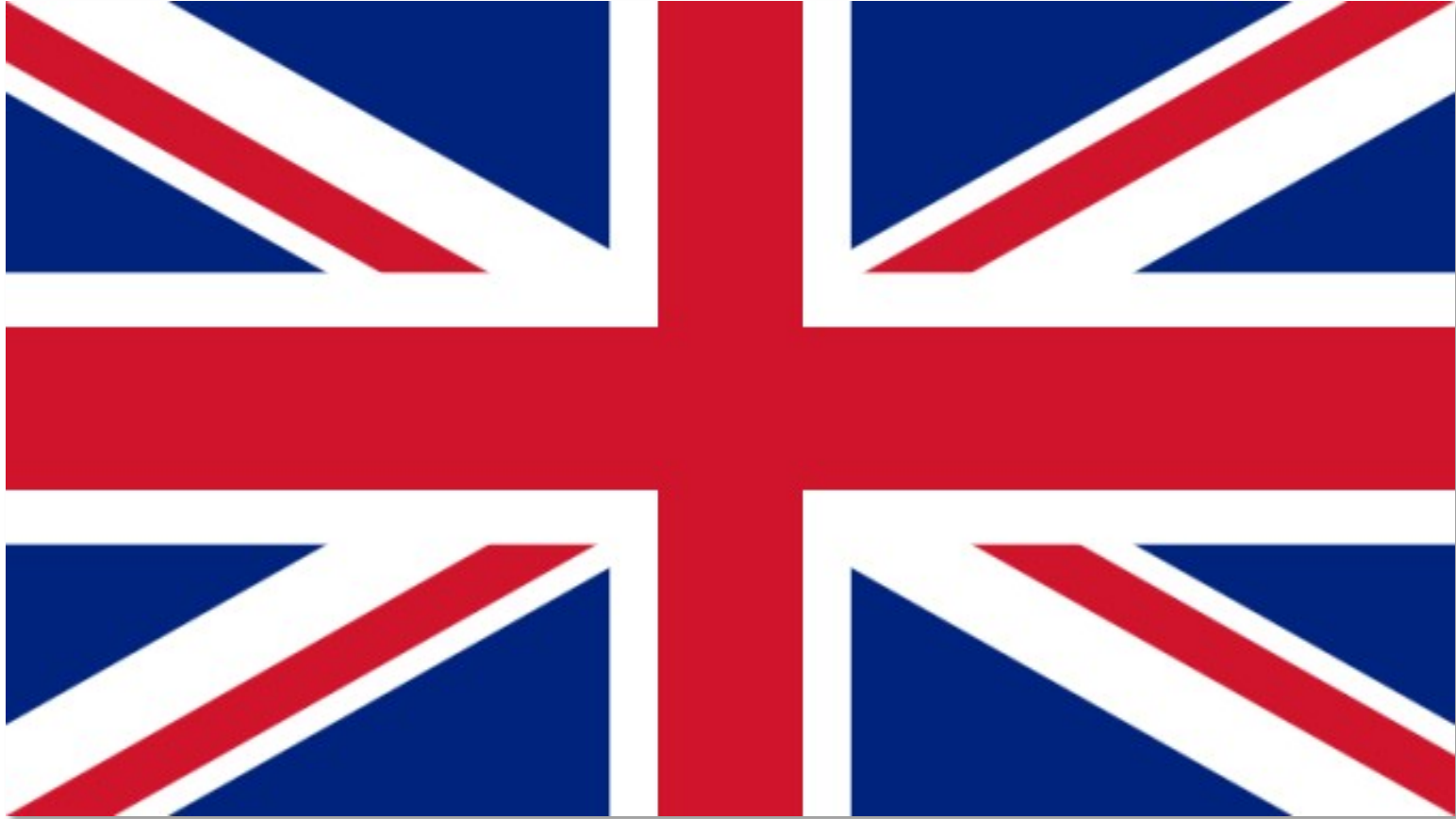


WARRIOR CARE IN THE 21<sup>ST</sup> CENTURY—DAY 1

# UNITED KINGDOM



# **PANEL 1**

## **RESILIENCE**

**Lieutenant General Andrew Gregory**

**Chief of Defence People**

**OCT 2015**

**WARRIOR CARE CONFERENCE**

# Panel 1

## THE QUESTION

- How does your nation define resiliency with regards to behavioural health, battlefield resiliency, family resiliency and pre-deployment training?
- What are the challenges to instilling resiliency in service members and their families for deployment and potential life-changing events?
- What solutions has your nation developed towards meeting your goal of instilling resiliency?

# Panel 1

## Definition

- “Resilience is the ability to respond positively to adverse events, and emerge strengthened, more resourceful, and more confident”





Ministry  
of Defence

# Intent

- **Defence People Vision:** Defence outputs delivered by the right mix of capable & motivated people, that reflect the breadth of the society we exist to defend, now and in the future
- **Critical Success Factor:** Earn and retain the **trust** of people in Defence
- **Overriding Priority:** Maintain a credible and realistic **offer**



Ministry of Defence

# DEFENCE PEOPLE LANDSCAPE

Engage

The public

Support

Enable

**Whole Force**

(Those who deliver operational effect)

Regulars

Contractors on operations

Sponsored Reserves

Reserves

Contractors Supporting Defence

Defence Suppliers

Wider Business

Other Government Departments

National Health Service

Civil Servants

Civilians

Gatekeepers / Families

Youth

**Defence Community**

(Those who directly enable the Whole Force)

**Wider Community and Enablers**

(those who indirectly enable the Whole Force)

Academics

Defence Partners

Bereaved

Veterans

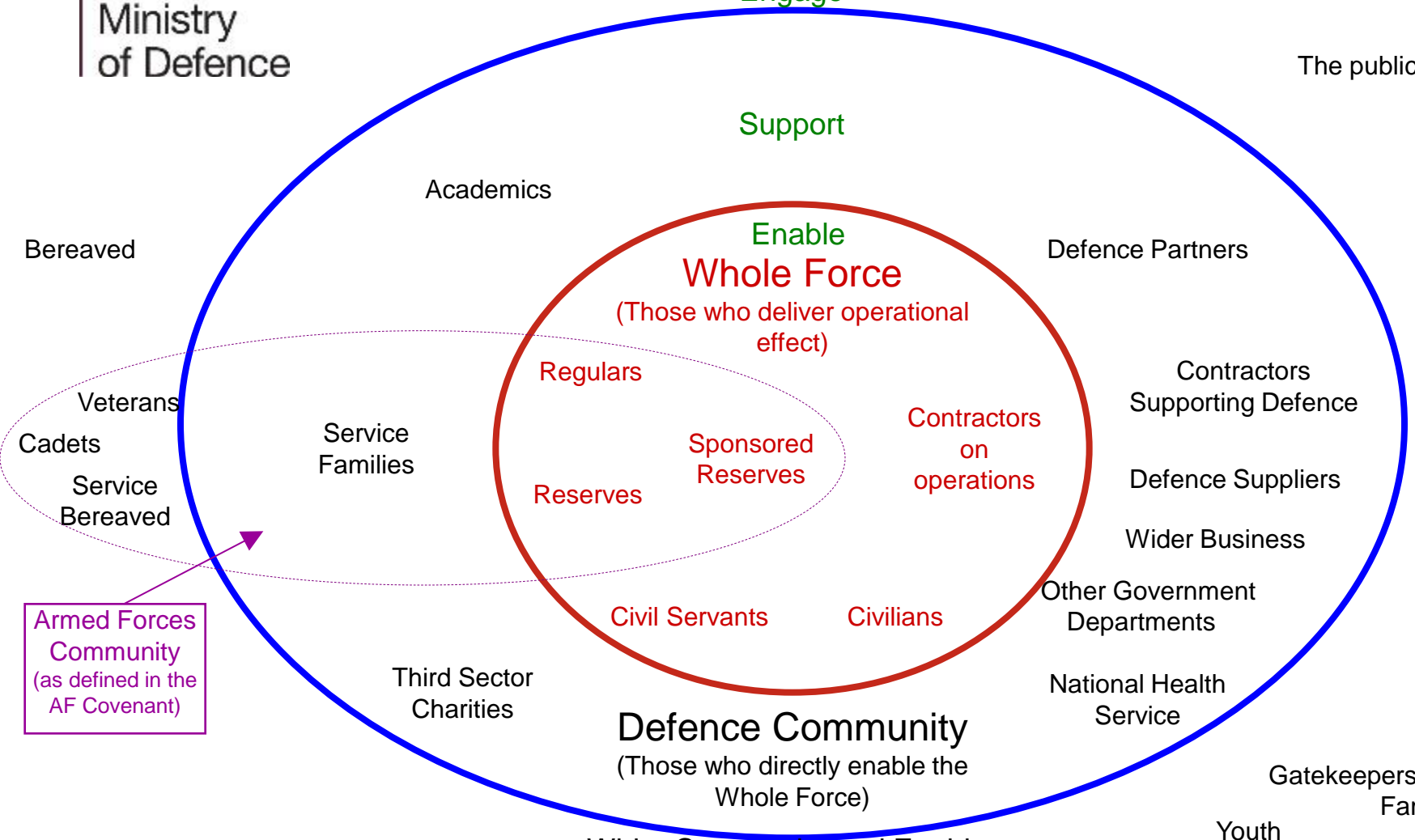
Service Families

Cadets

Service Bereaved

Third Sector Charities

Armed Forces Community  
(as defined in the AF Covenant)



# Panel 1

The Offer when serving



# Panel 1

## Health and Wellbeing Strategy

- Join well
- Train well
- Live well
- Work well
- Leave well





# Panel 1

## Physical Resilience



# Panel 1

## Mental Resilience

**2.9%** of UK Armed Forces personnel were assessed with a mental disorder in 2014/15.

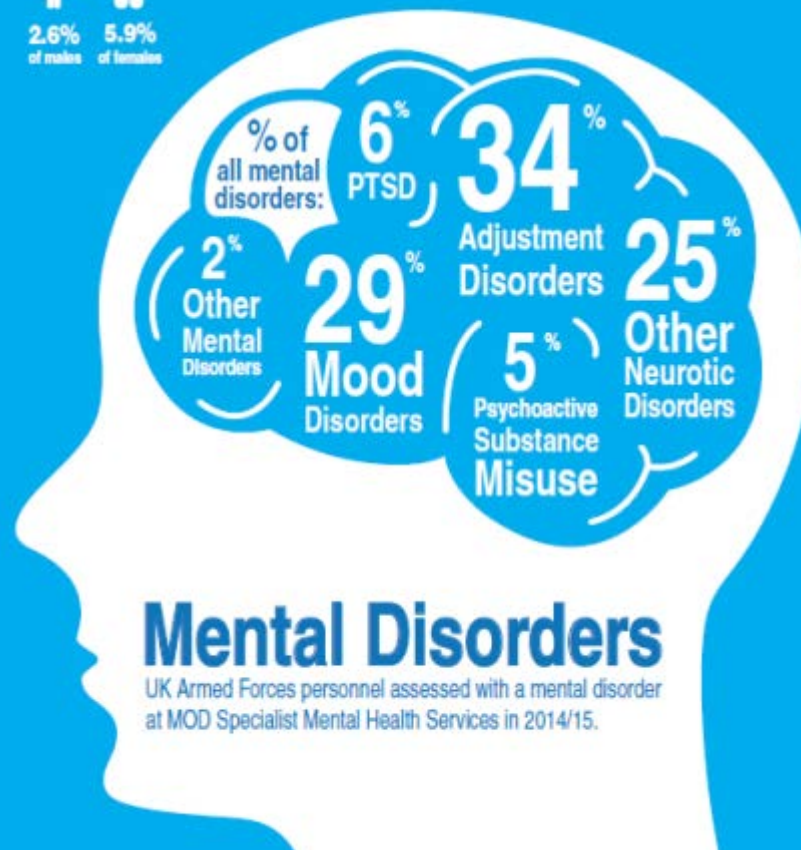


2.5% of Royal Navy

1.8% of Royal Marines

3.1% of Army

2.8% of RAF





# Panel 1

## The Offer for the Family



**Resilient, self-sufficient families who are proud to support their Service Person and are valued for this by the Nation**

# Panel 1

## The Offer for Wounded Injured and Sick





# Panel 1

## The Offer for Wounded Injured and Sick



# Panel 1

## The Offer when transitioning

**Back to civvy street:** How can we support individuals to lead successful civilian lives after a career in the armed forces?

REPORT

In partnership with

**FiMT**  
forces in mind trust  
SUCCESSFUL SUSTAINABLE TRANSITION



The  
Veterans'  
Transition  
Review



# Panel 1

## The Offer Post Service





# Panel 1

## UK Definition

“Resilience is the capacity to adapt successfully in the presence of risk and adversity”





# Panel 1

## Resilience

Life is not about how fast you run or how high you climb but how well you bounce

